Indian Institute of Technology Delhi
(IRD Unit)

General Advisory to All PIs/Cl's of the IRD Projects

All are aware that the Coronavirus Disease 2019 (COVID-19) is declared as pandemic and has become a great concern. All educational institutions particularly in Delhi have suspended classes including IIT Delhi till 31.03.2020. All PIs & Cls of various projects/consultancies are therefore advised to take all precautions announced by the Institute/Government authorities so as to minimise the risk to all involved in their projects/consultancies.

In case they notice any related symptoms in staff/student, he/she should immediately be referred to the nearest medical/health unit facility/IIT Delhi Hospital. They are also advised to provide the sanitizers and necessary material in the present work place.

[Signature]

Dean (R&D)
NOVEL CORONAVIRUS (COVID-19)
GENERAL ADVISORY TO ALL IRD EMPLOYEES & VISITORS
(if any symptom is noticed in IRD Unit, report immediately to any branch officer)

The 2019 novel coronavirus (COVID-19) is a contagious virus that causes respiratory infection, can transfer from human to human.

SYMPTOMS
- FEVER
- DIFFICULTY IN BREATHING
- COUGHING
- TIGHTNESS OF CHEST
- RUNNING NOSE
- HEADACHE
- FEELING OF BEING UNWELL
- PNEUMONIA
- KIDNEY FAILURE

MODE OF TRANSMISSION
Human Coronavirus (COVID-19) most commonly spread from an infected person to other through:
- Coughing and sneezing
- Close personal contact, such as touching or shaking hand
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands

HOW TO REDUCE RISK OF CORONAVIRUS INFECTION (COVID-19)
- Clean hand with soap and water or alcohol based hand rub
- Cover nose and mouth when coughing & sneezing with tissue or flexed elbow
- Avoid close contact & maintain 1 meter distance with anyone
- Isolation of persons travelling from affected countries for at least 14 days.

DO's
- Cover your nose and mouth with disposable tissue or handkerchief while coughing or sneezing
- Throw used tissues into closed bins immediately after use
- Frequently wash your hands with soap and water
- Avoid crowded places/big gatherings
- Person suffering from Influenza like illness must be confined to home
- Stay more than one meter distance from persons sick with flu
- Take adequate sleep and rest
- Drink plenty of water/liquids and eat nutritious food
- See a doctor if feel unwell (fever, difficulty breathing & cough). While visiting doctor, wear a mask/cloth to cover your mouth and nose.

DON'Ts
- Touching eyes, nose or mouth with unwashed hands
- Hugging, kissing and shaking hands while greeting
- Spitting in public places
- Taking medicines without consulting doctor
- Disposal of used napkin or tissue paper in open areas
- Touching surfaces usually used by public (Railing, door gates, etc)